# Adult Tennis Coaching Courses for Spring 2014

At Berkhamsted LT&SRC



### **Adult intermediate**

Starts: Mon - 28th April Time: 7.00 - 8.30pm Outdoor courts Cost: £120 for 10 weeks.

### Adult Beginner/Improver Rusty rackets

Starts Mon 28th April
Time 7.00-8.30pm
Outdoors courts
Cost is £120 for 10 weeks

## Ladies Tennis drills and fitness intermediate/advanced

Starts: Mon 28th April Time: 1.00 - 2.30pm Outdoor courts Cost £120 for 10 weeks

#### **Intermediate Ladies**

Starts: Tuesday 22 April
Time: 1.30 - 2.30pm
Outdoor courts
Cost £80 for 10 weeks

#### **Intermediate Ladies**

Starts: Tuesday 22 April Time 1.00—2.30 pm Outdoor courts Cost £120 for 10 weeks

### Ladies beginner/improver

Starts: Wednesday 23rd April
Time: 1-2.30pm
Outdoor courts
Cost £120 for 10 weeks

### Ladies Thursday Morning Intermediate Coaching

Starts: Thursday 24th April Time: 9.30 - 10.30am Outdoor Courts

#### Ladies advanced coaching

Starts: Thursday 24th April Time: 9.30 - 11.00am Outdoors Courts Cost £120 for 10 weeks

### Ladies cardio tennis

Starts: Thursday 24th April Time: 9.30 - 11.00am Outdoors Courts Cost £120 for 10 weeks

### Adult Intermediate Suitable for box 22-30 players

Starts: Saturday 26th April
Time: 3 - 4pm
Outdoor courts
Cost £80 for 10 weeks





# Places are limited on all courses email Chris on <a href="mailto:chrisongertennis@yahoo.com">chrisstringertennis@yahoo.com</a> or phone 07766 707686for more information.

### Non-members fee an additional £15 per course

I wish to attend	
Name	
Address	
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Tel.No	
E-Mail address	
I enclose a chequemy	que for £ made payable to Berkhamsted Tennis Acad-
`	e of cancellation prior to commencement of course required for
full refund.)	
	Please return to:
1	2 Murray Road, Berkhamsted, Herts. HP4 1JD.

